5.2 - How do we manage green exercise and the increase of outdoor sports in Periurban Parks?

Teresa PASTOR
PERIURBAN Commission

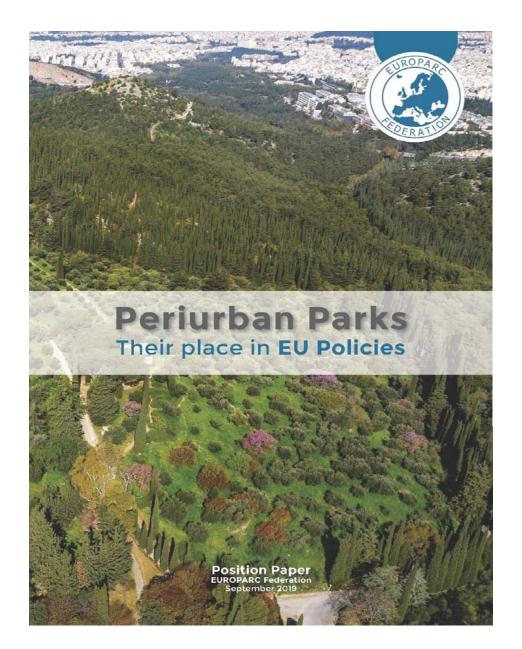








Periurban Commission Who is who?





A call to cities, regions & European Institutions

Periurban Parks, their place in EU Policies









2 Climate Change







Green
Infrastructure







6 Health Agenda

DG SANTE Directorate-Ceneral Health and Food Salety















10 Outdoor Sports

DG EAC Directorate-General Education





Toolkit

Public Use Design & Management in Periurban Parks

TOOLKIT



Practical advice on design and management measures

- 1. Host different kind of users and minimize conflicts
- 2. Ensure **delivery** of ecosystem services
- 3. Reduce **impact** on biodiversity

Case studies





Implementation of ordinances with sanctioning framework to regulate the use of bicycles in a Periurban Park

One of the activities that generates more conflicts between users of the Collserola Natural Park (Barcelona) is the practice of mountain biking. Although there are some rules that regulate the...

Study of influx, frequency and characterization of visitors to the Collserola Natural Park (8,200 ha)

The study, carried out by the National Institute of Physical Education of Catalonia (INEFC-Lleida) in two stages (autumn 2017 and 2018), focused on analyzing the annual influx uservisits, and studying...







Healthy paths in periurban natural areas

Many municipalities in the Province of Barcelona showed their interest to develop healthy paths and complementary activities with the support of the Provincial Council (Diputació de Barcelona). In 2018, the...

Apprenticeship opportunity for migrants and asylum seekers in Parco Nord Milano

From 2012 to November 2016, in collaboration with the Centro di Mediazione al Lavoro del Comune di Milano, Parco Nord Milano carried out a project to provide working skills for...







Pedagogical workshops for preschool & school age children, teachers and parents in nature in Mt. Hymettus Aesthetic Forest

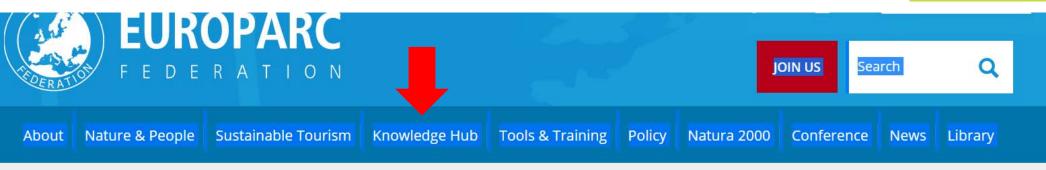
"Parea tou dasous" is an original pedagogical approach, using nature, the most ancient workshop in the world, as a field for developing abilities, for learning and discovery. It is inspired...

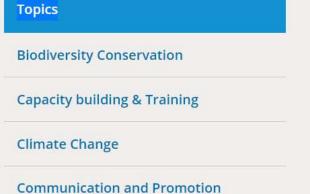
Promoting Biodiversity
- Arrangements and
Monitoring of Snake
Populations - Analysis
and Put in Perspective
with Site Attendance

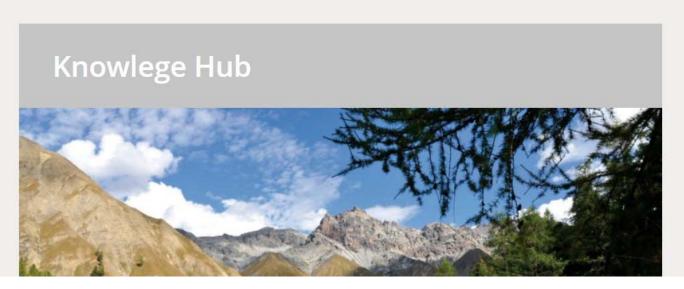
The Ark of Nature is composed almost entirely of plains or wood. The park nevertheless included some brush areas where biodiversity was more important. We have the willingness to study...













Submit your own case study

At EUROPARC, we endeavour to find and collect case studies of protected area management around Europe. Do you want to collaborate?

SUBMIT CASE STUDY



Pedagogical workshops for preschool & school age children, teachers and parents in nature in Mt. Hymettus Aesthetic Forest

"Parea tou dasous" is an original pedagogical approach, using nature, the most ancient workshop in the world, as a field for developing abilities, for learning and discovery. It is inspired...



Promoting Biodiversity

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TOOLKIT



Public Use Design & Management in Periurban Parks

PLANNING

- •Land use
- Zoning
- Trails
- Access

MANAGEMENT

- Studies
- Regulation
- Monitoring
- Surveillance

COMMUNICATION

- Stakeholders involvement
- Environmental education



Fernando Louro Alves

Parque Florestal de Monsanto - Lisbon





Ecological restoration for ecosystem and human health

Zerrin Karaarslan

University of Ankara



https://youtu.be/jAU4cMZlzO8

What interest for a park to **hosting sports events** and what **rules** to reduce negative impacts?

Damien Prost-Romand

Grand Parc de Miribel Jonage - Grand Lyon



Thank you!



