

# Connection to Nature:

Dementia-friendly Region - Wir 5 im Wienerwald in Biosphere Reserve  
Wienerwald, Austria

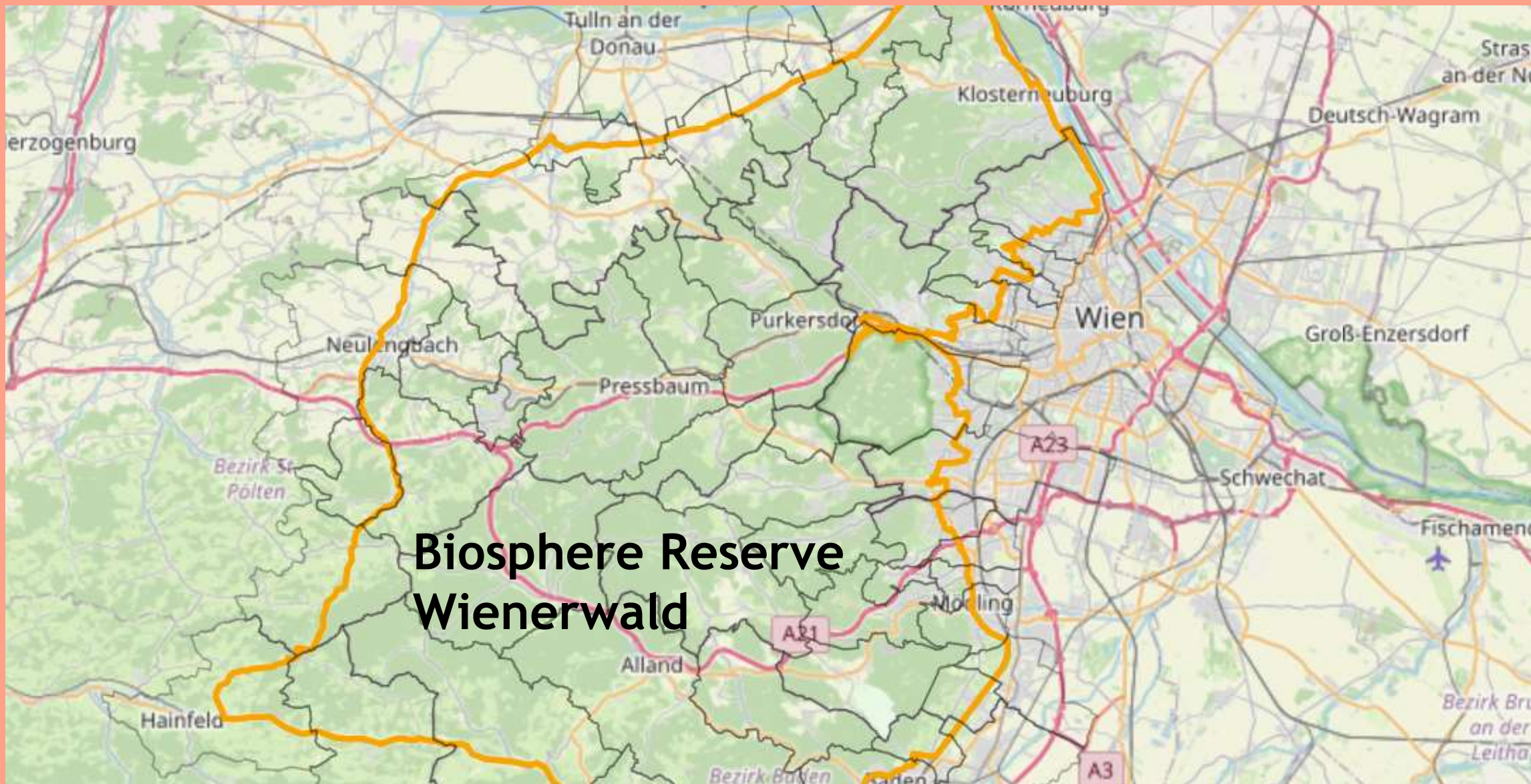
Susanne Käfer, 2023 - 07 - 05

## Case study:

Dementia-friendly Region - Wir 5 im Wienerwald, Biosphere Reserve  
Wienerwald, Austria

## Index:

- The Region - where we are
- The „Community“ - Wir 5 im Wienerwald
- The project
- Links for reference and additional information



# Biosphere Reserve Wienerwald



## Wir 5 im Wienerwald:

5 communities:

Mauerbach, Gablitz, Purkersdorf, Tullnerbach, Wolfsgraben / all located in the district of Lower Austria

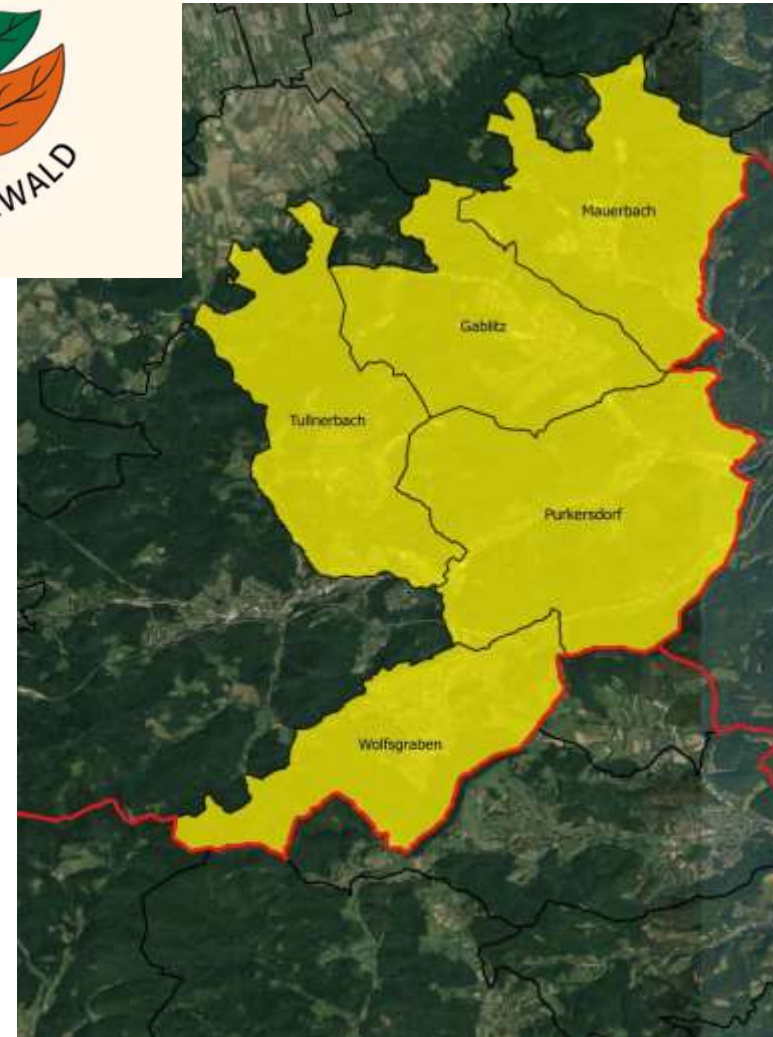
The platform/network was established in 2017.

32.000 inhabitants, in 2019 36% of the population were aged 55+

Increasing population, located close to Vienna, but „green space“ - Wienerwald

High quality as a place to live

Public transport and the motorway is leading to Vienna and to St. Pölten (capital of Lower Austria)

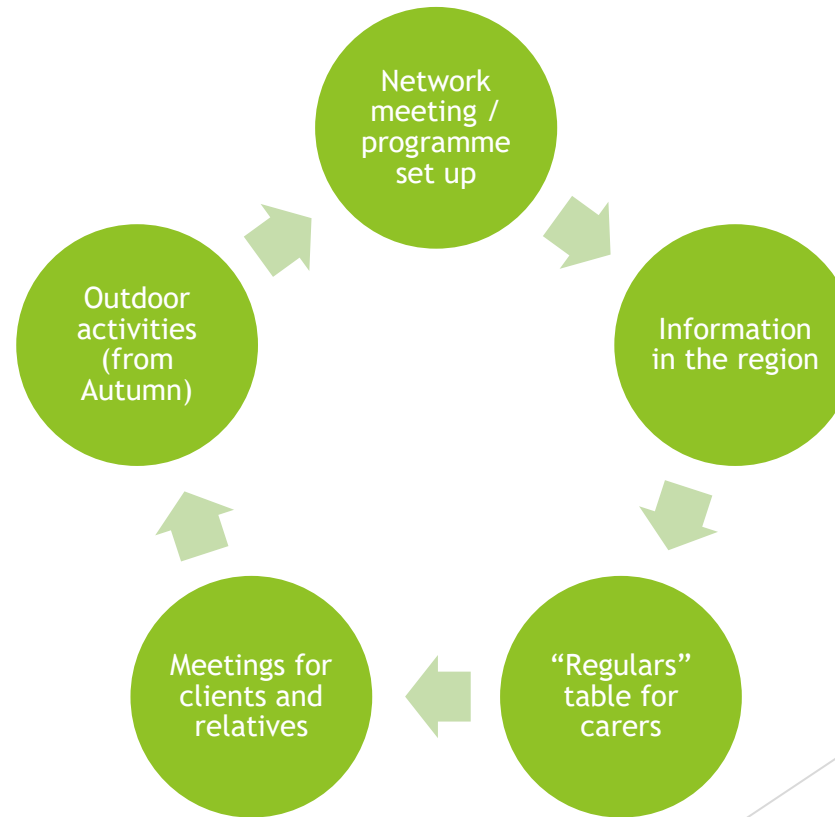


# Demenzfreundliche Region „Wir 5 im Wienerwald“ Projekt / Dementia-friendly Region „Wir 5 im Wienerwald“ project

## Timeline and focus areas



## How to do that



This project is based on the experiences of a project, which took place in the city of Klosterneuburg in 2017-2020.

**The focus was:**

Dementia positivity -> positive attitude towards dementia

Forming a network

Forming a steering group (5-8 persons)

Caritas - this is a social organisation - social aspects and regulations



**Dementia- friendly region „Wir 5 im Wienerwald“**

This project is also:

- Forming a network
- Has a steering group
- Caritas is also leading partner in this project - they have experiences in all kind of social aspects and regulations



There are other projects in the Biosphere Reserve Wienerwald:

- **Miteinander im demenzfreundlichen Hietzing / Together in dementia-friendly Hietzing**

<https://www.demenzfreundlich.at/1130/>

- **Wild.live!**



A guiding programme of the Austrian Federal Forest organisation.

<https://www.bundesforste.at/natur-erleben/oebf-naturfuehrung-wildlive/wildlive-fuehrungen.html>

-> Wald und Wohlbefinden



## Links and information:

Sorry - available in German only...



<https://wir-5-im-wienerwald.at/demenzfreundliche-region/>



<https://www.caritas-pflege.at/noewest/kompetenzstelle-demenz>

Foto von unsplash

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# Thank you for your attention!

## Any questions?



... be balanced ...