“Grenoble Alpes Métropole” is developing, maintaining and running six open and recreational areas permanently open to public and easily accessible by public transit: Park Hubert Dubedout (70.3 ha on forested hillside), the Bois français (75 ha of natural spaces around four lakes welcoming many activities), Park of l'ile d'Amour (27 ha in the floodplain of Isère river offering large open grasslands), Park Ovalie (6.4 ha of friendliness spaces around a fishing lake), the Bois des Vouillants (474 ha of forest on Vercors' slopes) and the Franges vertes of Seyssins (10 ha between city and nature nearby sport and cultural facilities).

Those spaces are occupying 593 hectares of great ecological and landscape interest. Their development is a major issue in overall objectives of the agglomeration’s planning scheme. Among mainlines of “Plan Vert Métropolitain “, the first point is dedicated to this desire of “offering natural and recreational areas to city dwellers.”

These spaces are now preserved, managed wisely and are arranged to be suitable for sports and outdoor activities. They are also convenient for environmental education for schools and for the general public.

Natural heritage
At the crossing of three mountain ranges: “Vercors”, “Chartreuse” and “Belledonne” and at the confluence of two rivers “Drac” and “Isère”, Grenoble Alpes Métropole green infrastructures enclose a great diversity of natural environments. These natural areas are also subject to varied climates depending on altitude and sun exposure. It explains why there is so much diversity in flora and in fauna linked to the continental influences, and also to Mediterranean mountains.

Historical and cultural heritage
The “Y-Grenoblois” valley, incrusted in the alpine corridor, was partly developed by external and cross-border trade. Thoroughfares, open spaces and recreation areas have received great writers like Jean Jacques Rousseau. Today, natural and recreational areas are getting used for various cultural activities like outdoor theater, recital, musical ballads etc.

Main activities
Natural and recreational areas are very popular. They are welcoming young, families, urban public, and of all social levels. “Grenoble Alpes Métropole” offers its users different types of services and facilities: playground, picnic areas and green rest spots (rest areas dedicated to the contemplation of the landscape), paths and trails for hiking, areas of sports: BMX, baseball, softball, skate park etc.

“Grenoble Alpes Métropole” also offer students some animated presentations run by four gardeners of the educational garden on the Island of Love (which admits about 1,000 children). This activity complements a mission of environmental education and sustainable development sponsored by the city.