

Site management

A range of good and well-managed provision for visitors is essential if national parks and protected areas are to deliver health outcomes for everyone.

Goal	Actions
a range of accessible destinations and opportunities for green exercise that meet diverse needs. Versatile, high quality destinations and people that provide opportunities for physical activity and contact with nature.	<ul style="list-style-type: none">➤ Audit the accessibility of key paths and places to ensure that the range of provision provides opportunities for all to experience and enjoy nature➤ Provide information online and on-site to the public on the facilities they can expect at key sites and on the accessibility of paths and trails➤ Consider and provide for the needs of specific health programme groups – this may include all-ability paths, regular seating, and provision of areas for meeting, undertaking activity and rest➤ Engage target groups in assessing the suitability of sites / services for their needs, and make reasonable adjustments➤ Provide activity programmes – directly, or through green exercise providers (voluntary sector / outdoor recreation businesses etc) - that address identified barriers and represent nature-based solutions to health and social needs➤ Review the provision and roles of rangers, wardens or other staff involved in visitor management and outreach to maximise support for health outcomes
identify and protect the qualities of the national park and other protected areas which are important for health outcomes	<ul style="list-style-type: none">➤ Ensure that places important for wildlife, landscape and scenery and quiet enjoyment are managed and protected effectively alongside other uses of the area➤ Identify and develop the potential of areas important for health outcomes – viewpoints, places to relax and eat, trails near water or native woodland etc.➤ Promote opportunities to discover wildlife first-hand without disturbance etc viewing hides; interpretation points; hands-on displays etc

Site management work links to **Strategic planning**, **Outreach work**, and **Staff training**.