

5.2 - How do we manage green exercise and the increase of outdoor sports in Periurban Parks?

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PERIURBAN Commission





Periurban Commission Who is who?



Periurban Parks

Their place in EU Policies

Position Paper
EUROPARC Federation
September 2019



A call to cities, regions & European Institutions

Periurban Parks, their place in EU Policies



1 EU 2020 Biodiversity Strategy

DC ENV Directorate-General for the Environment



2 Climate Change

DC CLIMA Directorate-General for the Climate Action

Nature-Based Solutions & Re-Naturing cities **3**

DC RTD Directorate-General for Research & Innovation



4 Green Infrastructure

DC ENV Directorate-General for the Environment

Agriculture **5**

DC AGRI Directorate-General Agriculture



6 Health Agenda

DC SANTE Directorate-General Health and Food Safety

Urban Agenda **7**

DC ENV Directorate-General for the Environment
DC REGIO Directorate-General for Regional & Urban Policy
DC RTD Directorate-General for Research & Innovation
DC JRC Joint Research Centre



8 Culture

DC EAC Directorate-General Education, Youth, Sport and Culture

Environmental Education **9**

DC EAC Directorate-General Education, Youth, Sport and Culture



10 Outdoor Sports

DC EAC Directorate-General Education, Youth, Sport and Culture



Toolkit

Public Use Design & Management in Periurban Parks

Practical advice on **design** and **management** measures

1. Host **different kind** of users and **minimize conflicts**
2. Ensure **delivery** of ecosystem services
3. Reduce **impact** on biodiversity

Case studies



Implementation of ordinances with sanctioning framework to regulate the use of bicycles in a Periurban Park

One of the activities that generates more conflicts between users of the Collserola Natural Park (Barcelona) is the practice of mountain biking. Although there are some rules that regulate the...



Study of influx, frequency and characterization of visitors to the Collserola Natural Park (8,200 ha)

The study, carried out by the National Institute of Physical Education of Catalonia (INEFC-Lleida) in two stages (autumn 2017 and 2018), focused on analyzing the annual influx user-visits, and studying...



Healthy paths in periurban natural areas

Many municipalities in the Province of Barcelona showed their interest to develop healthy paths and complementary activities with the support of the Provincial Council (Diputació de Barcelona). In 2018, the...



Apprenticeship opportunity for migrants and asylum seekers in Parco Nord Milano

From 2012 to November 2016, in collaboration with the Centro di Mediazione al Lavoro del Comune di Milano, Parco Nord Milano carried out a project to provide working skills for...



**Pedagogical workshops
for preschool & school
age children, teachers
and parents in nature
in Mt. Hymettus
Aesthetic Forest**

“Parea tou dasous” is an original pedagogical approach, using nature, the most ancient workshop in the world, as a field for developing abilities, for learning and discovery. It is inspired...



**Promoting Biodiversity
– Arrangements and
Monitoring of Snake
Populations – Analysis
and Put in Perspective
with Site Attendance**

The Ark of Nature is composed almost entirely of plains or wood. The park nevertheless included some brush areas where biodiversity was more important. We have the willingness to study...



Topics

Biodiversity Conservation

Capacity building & Training

Climate Change

Communication and Promotion

Knowlege Hub





Submit your own case study

At EUROPARC, we endeavour to find and collect case studies of protected area management around Europe. Do you want to collaborate?

[SUBMIT CASE STUDY](#)



Pedagogical workshops for preschool & school age children, teachers and parents in nature in Mt. Hymettus Aesthetic Forest

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Public Use Design & Management in Periurban Parks

PLANNING

- Land use
- Zoning
- Trails
- Access

MANAGEMENT

- Studies
- Regulation
- Monitoring
- Surveillance

COMMUNICATION

- Stakeholders involvement
- Environmental education

Trails and zoning in the Monsanto Forest
Park devised to make **green exercise** and **biodiversity**
as much compatible as possible

Fernando Louro Alves

Parque Florestal de Monsanto - Lisbon



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Ecological restoration for ecosystem and human health

Zerrin Karaarslan

University of Ankara



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<https://youtu.be/jAU4cMZIzO8>

What interest for a park to **hosting sports events** and what **rules** to reduce negative impacts?

Damien Prost-Romand

Grand Parc de Miribel Jonage - Grand Lyon



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Thank you!

