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EUROPARC – HPHPE SURGERY

French park & Health

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Avec le soutien de



Territory of Golfe du Morbihan regional nature Park



1 Region : Brittany

1 Department : Morbihan

4 intermunicipalities :

Majority of :

- Golfe du Morbihan Vannes Agglomération
- Auray Quiberon Terre Atlantique

small areas of :

- Questembert Communauté
- Arc sud Bretagne

33 municipalities (35 soon),

- around the Gulf,
- A retro coastal area.

Socio-économique actors

187 000 inhabitants (2020)

*74 600 ha global area,
517 km de coastal linear
10 000 ha foreshore*

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The Park Charter 2014-2029

Axis 3 : Setting Man at the heart of the territory project
Orientation 8 : Develop the Park School open to the world

➤ 2021-2023 Program

Project 31

« Integrate a eco-health approach, promoting adaptation to climate change »

3 actions :

1 Mobilize actors facing the new systemic environmental healthcare challenges

2 Collect system data and perform an environmental healthcare local diagnostic

3 Build collectively & experiment a local strategy for health promotion and adaptation to climate change

+ links with other projects and actions of the Charter

➤ Steps forward an health approach

2018 - 2021 – several sessions of think tank and internal awareness raising, participation in seminars related to health at regional or national level (biodiversity, food & health, sustainable planification & health, biodiversity & health ; Parks as health territories)

2021 – Project « Mobilize PNRGM actors for a positive transition to health & well-being »
granted by Brittany Region on the call for projects « Mobilize Bretons for transitions »

2022 – january : Project launch (project manager hiring)

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« My Park, my health » Goals



❑ Set a specific « health » governance

> *Steering committee scalable (march, september) : health experts integration*

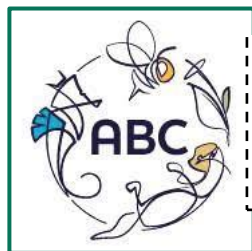
❑ Mobilize a panel of actors, regular & new

> *shared culture on « health »*

> *survey, interviews, workshops*



❑ Experiment & illustrate health on pilot projects



Municipal
Biodiversity
Atlas



Education,
Participation



Health in
economical
activities



« Black frame » Guide

« Health » concept in our project

According to WHO :

HEALTH

- ✓ State of **complete physical, mental and social well-being**
- ✓ Not just the absence of disease or infirmity

« ONE HEALTH »

Interdependencies :

human health,
animal/plant health
good state of ecosystems

ENVIRONMENTAL HEALTHCARE DETERMINANTS OF HEALTH

Environmental factors,

- influence the state of health + ou -
- on which it is possible to act

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Target groups / Workshops

elected

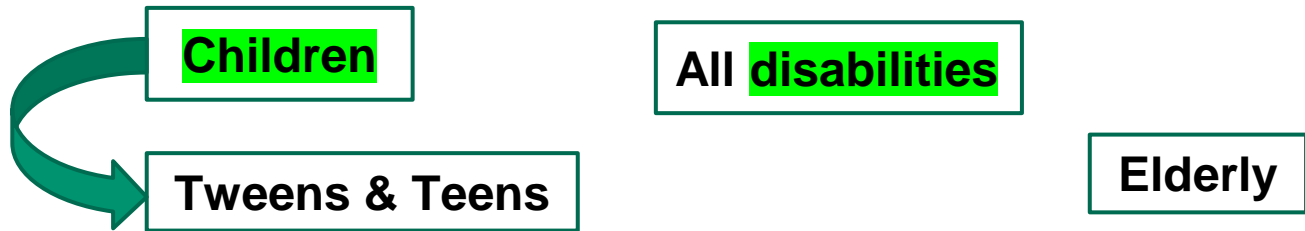
actors



1 overall intention :

Take into account **all the inhabitants**

4 specific groups :



Tools to use :

- ☐ « Health » **workshops** for everybody
- ☐ Build and run a **network** of professionals & associations
- ☐ Integrate **health in actions**
- ☐ **Diagnostic & indicator monitoring**
- ☐ **Positive approach**, Communication, Access to information
- ☐ Global vision and **transversality**

Key themes / Workshops

elected

actors

water

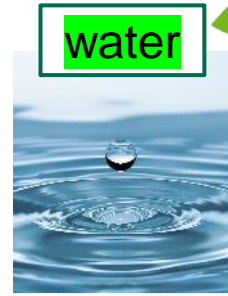
Contact with nature

island of Ilur

(adapted) physical activity

Mental Health

Priority topics :



Others ideas :

food, gardens stress sleep silence

medicinal plants overall environment air Radon housing waste

active mobility (walk, bike) car sharing climate local solutions

Internal core work :

➤ Supporting biodiversity as 1st "health insurance"

Fight invasive alien species

Protect & restore natural grids (green, blue, black, white, brown)

Promote nature in the city

Raise awareness and citizen involvement

To investigate further :

Climate change & Health

Agricultural & food transition

Healthy urbanism

Health in french Regional Nature Parks

Local Health Contract (CLS)

Brenne (2^{ème} CLS) : 1^{er} CLS - Prescri'Brenne, health professionals and adapted sport

Médoc (2^{ème} CLS 2018-2023) : Health Solidarity Médoc

Livradois - Forez (1^{er} CLS Thiers Ambert) : Fight Ambrosia



« Territory involved in my environment, my health » PLATFORM

Golfe du Morbihan : Cactus tool & « My Park, My Health »

Brenne : natural health : meadow vs ragweed (ambrosia)

Haute Vallée de Chevreuse : «zero phytosanitary products Goal » Program

Pyrénées Ariégeoises : My nature park, my health

Territorial Food Project (*agricultural practices & catering, food modes, short circuits*)

Luberon

Livradois Forez : health approach integrate from start (food education)

Vercors : «Food Health Territory» Program

Queyras « From soil to my plate » ; children / schools, general public through children's artwork



Payments for environmental services (*carbone storage, water or biodiversity protection*)

Scarpe Escaut : 14 farmers experimenting a remuneration system « services rendered to nature » :
Densification of hedgerows, late mowing, increase of the % of grazed meadows, reduction of nitrogen quantity supplied and phytosanitary products used.



International to local framework



- « **One Health** » - OMS / OIE / FAO + PNUE



Food and Agriculture
Organization of the
United Nations



- **Green Deal for Europe**



- **French Environmental Charter**

Art.1^{er} « Everyone has the right to live in a balanced and healthy environment »



PNSE4 « One Health »

- **National Environmental Healthcare Plan**
➤ **Regional Environmental Healthcare Plan**

- **Regional Nature Parks**

Protection of natural, cultural and landscape heritage
&
Sustainable local Development



**Magazine Parcs
N°89**

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Grand Angle**

- **Links with « One Health »**

National webinar « Parks, health territories » - july 2021

- « **Health, a transformation lever** » - transversal, multithemes
- « **Health, everyone concerned** » > new cooperation & partnerships

Work group « One Health » (4 Parks) : bill, initiatives

Thank for your attention

Mon Parc,
ma santé

Parc naturel régional
du Golfe du Morbihan

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IL EST TEMPS DE RÉDUIRE NOTRE EMPREINTE CARBONE



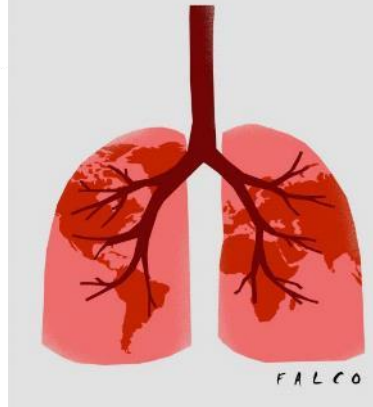
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