

EUROPARC Federation - Healthy Parks, Healthy People - Europe

Our vision

Happier and healthier people more connected to nature-rich parks and protected areas

The key pillars

- Making the case
- Building partnerships
- Developing capacity and practice
- Connecting people and nature



Key elements of good practice in implementing HPHPe



- National policy framework
- Strategic planning
- Site management
- Communications
- Staff training
- Outreach to new audiences
- Partnerships with health sector
- Green exercise programmes
- Monitoring & evaluation



<https://www.europarc.org/nature/healthy-parks-healthy-people-europe/hphpe-toolkit/>

Key project dimensions to support roll-out of HPHPe in practice?

- Development of more targeted green health programmes
 - Partnerships with the health and other sectors
 - Embedding five ways well/wild ways well
 - Monitoring and evaluation of health outcomes
 - Communications
- Staff and organisational training and capacity building

